

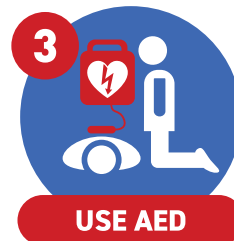
Defibrillator

Anyone can save a life, even without being trained!

It's as easy as 1 – 2 – 3



International defibrillator symbol – you can see this all over the world!
AEDs save lives by STOPPING the heart, allowing it to restart on its own



If you find someone unconscious, not breathing or gurgling, and gone a funny colour

1. Call 999
2. Start chest compressions (CPR)
3. Apply the defibrillator (AED) when it arrives

www.communityheartbeat.org.uk

